



LONDON REGION TRAMPOLINE 4
Sunday 17th September 2017
Harlington Sports Centre

Welcome to Harlington Sports Centre, the home of Harlington Hawks. We have an entry of 166 Trampoline Gymnasts from 10 clubs taking part in this London competition.

Thanks are due to the following:

- Janet Bellis plus members, parents and friends of Harlington Hawks
- Staff and management of the Sports Centre for their help in staging this event.
- All officials who have given up their time voluntarily once again.
- The competitors, without whom there would be no competition.

Please ensure that you take all litter with you or use the rubbish bins around the Centre – PLEASE DO NOT LEAVE RUBBISH ON THE FLOOR. Ensure that you have all your property when you leave.

FLOOR ACCESS:

It is not permitted for non British Gymnastics members to set foot on the competition floor due to insurance issues. The competition floor is the matted area around the trampolines and the officials' areas.

RESULTS:

Results will be displayed on the wall after each group has finished, therefore please do not crowd around the recorders. Please do not remove results from the wall. Results will be emailed to team managers and will be available on London Gymnastics website.

BRITISH GYMNASTICS PHOTOGRAPHY POLICY:

British Gymnastics Conditions for Audience Photography at Gymnastic Events Short

Form: In order to protect the welfare of children at the event, photography at this event is permitted only on conditions set by British Gymnastics

This is a summary of those conditions. A copy of the full text can be obtained from the Competition Organiser or from the British Gymnastics website www.british-gymnastics.org. If you do not agree to these conditions you may not bring any photo equipment into the venue or take any photos.

1. 'Photos' includes any form of video or still image including those taken with mobile phones.
2. The Competition Organiser (or a person acting on his or her authority) may require anyone at the event:
 - a. Not to take photos – either generally or in particular circumstances.
 - b. To provide their full name and address and evidence of this
 - c. To let the Competition Organiser view any images recorded and to delete any images.
 - d. To surrender media or equipment on which the images have been recorded if they cannot be viewed (e.g. photos on traditional film), or if they cannot, be deleted.
3. Photos may only be taken and used in accordance with the British Gymnastics Child Protection Policy.
4. Photos may not be used, distributed or copied for commercial purposes.
5. Flash may not be used at any time while gymnasts are warming up or competing

MEDALS & PRESENTATION:

Medals will be awarded to the top three individuals and teams in each Trampoline group at the end of each session. All those receiving awards MUST be in club kit. No one will be allowed on the podium unless correctly dressed.

COACHING/PERFORMER QUALIFICATION:

Competitors are only allowed to perform competitively those moves that lie within the syllabus of those who are on the competition floor with them. Failure to have a coach adequately qualified with you may mean you have to withdraw, or you have to perform only those moves which lie within your coach's qualification syllabus.

JEWELLERY AND BODY PIERCING:

http://www.british-gymnastics.org/site/index.php?option=com_docman&task=cat_view&gid=374&Itemid=1134 Please see the above link for the latest British Gymnastics policy on this.

The policy applies to all participants and coaches in training and in events at home and abroad. Failure to comply with the policy will prohibit the individual's participation on the grounds of reasonable safety and may render the individual's insurance invalid should an accident result directly from non-compliance with this policy.

Please note that the chewing of gum is not allowed at any phase of the competition for competitors, coaches and officials.

ELECTRONIC DEVICES:

Spectators and gymnasts using any electronic devices including mobile phones should have the volume turned down or wear earphones.

Any games being played on these devices should not cause a distraction during the competition.

ROUTINES:

For 2017, all tier groups will compile their own set routines. The required elements have been designed so that all set routines from 2016 can be used if desired. All competitors will be required to submit a tariff sheet before competing. Tariff sheets must be fully completed in English or FIG notation with compulsory skills asterisked.

Regional Novice

U9:

1st Routine Compulsory Elements:

10 elements, at least eight of which must be different with:

1. One element landing on seat, front or back
2. One element with a minimum of 180° of twist

Compulsory elements cannot be combined into one skill

Compulsory elements must be asterisked on the difficulty card

U11 – 15+:

1st Routine Compulsory Elements:

10 different elements with:

1. One element landing on front or back
2. One element with a minimum of 360° of twist

Compulsory elements cannot be combined into one skill

Compulsory elements must be asterisked on the difficulty card

All Age Groups:

2nd Routine:

The voluntary routine may include a maximum of one somersault of either 270° OR 360° somersault rotation. Difficulty will be awarded. Tariff cap of 1.2. If an element of more than 360° of somersault rotation is used, the routine will terminate at that point. If the maximum number of somersaults is exceeded, the routine will be terminated at that point.

Performers are encouraged to use an arm set but no penalty for those not complying.

Regional Elementary:

All age groups

1st Routine Compulsory Elements:

10 different elements with:

1. Arm set prior to 1st element
2. One element landing on front or back
3. One front or back somersault with 360° somersault rotation
4. One element with a minimum of 360° twist

Compulsory elements cannot be combined into one skill

Compulsory elements must be asterisked on the difficulty card

2nd Routine:

The voluntary routine may include a maximum of three elements between 270° & 360° of somersault rotation. No elements of more than 360° of somersault rotation allowed. If an element of more than 360° of somersault rotation is used, the routine will terminate at that point. If the maximum number of somersaults is exceeded, the routine will be terminated at that point.

Regional Intermediate:

All age groups

1st Routine Compulsory Elements:

10 different elements with:

1. Arm set prior to 1st element
2. One element landing on seat, front or back
3. Three somersaults between 270° and 450° somersault rotation

Compulsory elements cannot be combined into one skill

Compulsory elements must be asterisked on the difficulty card

2nd Routine:

The voluntary routine may include a maximum of seven elements between 270° & 450° of somersault rotation. No elements of more than 450° of somersault rotation allowed. If an element of more than 450° of somersault rotation is used, the routine will terminate at that point. If the maximum number of somersaults is exceeded, the routine will be terminated at that point.

Regional Advanced:

All age groups

10 different elements with:

- At least seven somersaults of at least 270° somersault rotation to include one of the following three elements:
 - One move of at least 270° of somersault rotation landing on front or back, followed by an element of at least 450° somersault rotation OR
 - A back somersault with 360° somersault rotation and a full twist OR
 - A front somersault with 360° somersault rotation and 1½ twists

Please asterisk this one element or combination

Voluntary routine tariff limit 8.5

Arm Set

Regional Elementary and Regional Intermediate require an arm set. An arm set is defined as:

‘Any action that causes the arms to be above the shoulders at maximum depression prior to the start of the routine’

The Chair of the panel will be responsible for determining whether the arm set was performed. Failure to perform the arm set will result in a deduction of 0.1 from each execution judge.

This is for the Set Routine ONLY. It does not apply to Regional Novices or Regional DMT.

CLUBS COMPETING:

Must be British Gymnastics *registered* & London Gymnastics *affiliated*

Coney Hall Cosmonauts
Harlington Hawks
Harrow Trampoline Club
Inspire Trampoline Academy
London Trampoline Academy
Phoenix Flyers
Queensmead Trampoline Club
Skywalkers Trampoline Club
Sobell Trampoline Club
Twizzlers

TIMETABLE – SUNDAY 17th September 2017:

WARM UP: There will be no warm up marshals – performers must form an orderly queue for their turn. There will be a timed warm up therefore no guarantee of any specific number of warm ups can be given. Performers may use either trampoline. Club managers are responsible for their performers at the trampolines during this time (i.e. there will be no official at each bed). Spotting, assistance for performers getting on or off the trampoline or any other assistance is the responsibility of the club. Competitors will need to warm up both their compulsory and voluntary routines during their allotted warm up time – there will be no separate warm up session for the voluntary.

COMPULSORY & VOLUNTARY ROUTINES: After warm up, there will be a one touch warm up where the competitor will have to choose which routine to practice. The performers will then return to the marshalling area and be called to compete in programmed order. They will all compete their set then all compete their voluntary in the same order. There will be no warm ups between routines so performers must be ready to compete (with spotters) as soon as required.

FINALS: The top eight after the first two rounds will proceed to the final of the London Regional Competition only. Each performer will be given one warm up before competing. For groups that have been split into flights, those from the last flight will be offered one warm up, all others will be offered two.

Where there are **8 or less** gymnasts in a group the final will be accumulative of all three routines but with more **than 8** gymnasts in a group, the final will be from zero.

All timings are approximate. The competition organisers reserve the right to start groups early if the event is running ahead of time but will not run more than one hour ahead of programme time. The competition organisers accept no responsibility for competitors who miss their turn due to changes to the above nor for the competition running early or late. Presentations at the end of each flight approximately.

		PANEL 1	PANEL 2	PANEL 3
SESSION 1				
Warm Up	9:00 - 9:30am	Novice U11 (16)	Intermediate U15G (10)	Intermediate O15L (20)
1 Touch	9:30 - 9:40am		Elementary U15B (7)	
Compete & Finals	9:40 - 10:50am			
SESSION 2				
Warm Up	10:50 - 11:20am	Novice U9 (8)	Novice U13	Advanced Ladies (9)
1 Touch	11:20 - 11:30am	Novice O15 (4)		Advanced Men (2)
		Elementary O15M (3)		Intermediate O15M (7)
Compete & Finals	11:30 - 12:40pm			
<i>Officials Lunch 12:40 - 1:10pm</i>				
SESSION 3				
Warm Up	12:40 - 1:10pm	Elementary U15G (1-19)	Novice U15 (14)	Elementary O15L (13)
1 Touch	1:10 - 1:20pm			Intermediate U15B (3)
Compete & Finals	1:20 - 2:20pm			
SESSION 4				
Warm Up	2:20 – 2:35pm	Elementary U15G (20-30)		
1 Touch	2:35 – 2:45pm			
Compete & Finals	2:45 – 3:40pm			

Presentations will take place as soon as possible after the end of each discipline. All those receiving awards MUST be in club kit. No one will be allowed on the podium unless correctly dressed. Please note that all timings are approximate and the organisers reserve the right to begin groups early if the event is running ahead of schedule. The organisers accept no responsibility for those missing their turn due to changes to the above.

OFFICIALS

PANEL 1		
Chair	Jan Harley	Harrow
Execution Judge 1	Paul Howard / Colleena Henry-Mitchell	Inspire
Execution Judge 2	Olivia Desborough	Harrow
Execution Judge 3	Ellie Gent	Coney Hall Cosmonauts
Execution Judge 4	Diane Moriarty	Queensmead
Execution Judge 5	Tia Tipton	Phoenix Flyers
Time of Flight	Shakira Akther	Skywalkers
Tariff Judge 1	Hayley Harris	for Sobell
Tariff Judge 2		
Computer	Caroline Jones / Aiko Guerra	Inspire
Recorder	Jo Aqbarawi/Maeve Rochford	Harrow
Marshal	Terence Dillon	Skywalkers
PANEL 2		
Chair	Anthony Ottley	Skywalkers
Assistant Chair		
Execution Judge 1	Kelly Booth / Gemma Caplan	Harrow
Execution Judge 2	Jamila Fadhlaoui	Coney Hall Cosmonauts
Execution Judge 3	Simon Hamlin / Maxine O'Reilly	Queensmead
Execution Judge 4	Hermione Steele	Phoenix Flyers
Execution Judge 5	Aletha Holborough	Inspire
Time of Flight	Charlotte Mitchell (am) / Imogen Munns (pm)	Queensmead
Tariff Judge 1	Gary Halfteck	Queensmead
Tariff Judge 2		
Computer	Stephanie Steed	Skywalkers
Recorder	Sara Scott	Coney Hall Cosmonauts
Marshal	Becky Hylton / Katie Fuller	London Trampoline Academy

PANEL 3		
Chair	John Wotherspoon	London Trampoline Academy
Execution Judge 1	Lynette Ottley	Skywalkers
Execution Judge 2	Noah Gill	Harrow
Execution Judge 3	Chris Geary	for London Trampoline Academy
Execution Judge 4	Katijah Wellings Thomas	Phoenix Flyers
Execution Judge 5	Emma Collier	Queensmead
Time of Flight	Jemima Bradley	London Trampoline Academy
Tariff Judge 1	Philip O'Reilly	Queensmead
Tariff Judge 2		
Computer	Michelle Fadhlaoui	Coney Hall Cosmonauts
Recorder	Mr Ditchburn / Mrs Harot	Queensmead
Marshal	Sam Grover	Coney Hall Cosmonauts
Superior Jury		
	Linda Lawrie	for London Trampoline Academy
Lunch Officials		
	Charmaine Gawley	Harrow
	Mrs Greenshields / Mrs Czaplewska	Queensmead
Qualified Reserves		
	None	
Unqualified Reserves		
	Jo Furmston / Brooke Webster	London Trampoline Academy
	Iain Patrick	Phoenix Flyers
	Lisa Durr	Phoenix Flyers
Organisation		
Competition Organisers	Bal Dowrich	Independent
	Harriet Curtis	Coney Hall Cosmonauts

Database	Karen Gent	Coney Hall Cosmonauts
Judges	Linda Lawrie	for London Trampoline Academy
Computers	Andrew Wood / Karen Gent	IND / Coney Hall Cosmonauts
ToF manager	Andrew Wood	Independent
Floor Manager	Andrew Wood	Independent
Trophies	Organisers	
Welfare Officer	Christine Geary	for London Trampoline Academy

NO CHANGES TO THE ABOVE WITHOUT PRIOR CONSENT OF THE JUDGING CO-ORDINATOR

OCCASIONALLY IT MAY BE NECESSARY TO ASK OFFICIALS TO CHANGE JOB AND/OR PANEL ON THE DAY.

SHOULD THIS OCCUR, THE JUDGING CO-ORDINATOR ASKS FOR YOUR COOPERATION IN THIS MATTER

London Regional Trampoline 4 - Competitors:

Start number	Name	Competition Name	Club Name
1	Ayana Samarth	London Regional Novice U9	Harrow Trampoline Club
2	Veronica Tiganescu	London Regional Novice U9	Skywalkers
3	Jasmine Bird	London Regional Novice U9	Queensmead Trampoline Club
4	Tiago Sousa Gallego	London Regional Novice U9	Skywalkers
5	Yasmin Hussain	London Regional Novice U9	Skywalkers
6	Lani Haria	London Regional Novice U9	Harrow Trampoline Club
7	George Auberson	London Regional Novice U9	Sobell Trampoline Club
8	Naomi Marshall	London Regional Novice U9	Queensmead Trampoline Club
1	Samuel Borley-Holden	London Regional Novice U11	Inspire Trampoline Academy
2	Leyla Gurbuz	London Regional Novice U11	Queensmead Trampoline Club
3	Bryn Carson	London Regional Novice U11	London Trampoline Academy
4	Daniel Rowe	London Regional Novice U11	Phoenix Flyers
5	Briony Phillips	London Regional Novice U11	Queensmead Trampoline Club
6	Katie Cahill	London Regional Novice U11	Harrow Trampoline Club
7	Ayden Amini	London Regional Novice U11	Skywalkers
8	Razaan Nabhan	London Regional Novice U11	Skywalkers
9	Victor Zasadzki	London Regional Novice U11	Skywalkers
10	Bailey Chapman	London Regional Novice U11	Skywalkers
11	Thomas Prior	London Regional Novice U11	London Trampoline Academy
12	Anya Laidler	London Regional Novice U11	Skywalkers
13	Laila Ait Siameur	London Regional Novice U11	Queensmead Trampoline Club
14	Melissa Benson	London Regional Novice U11	London Trampoline Academy
15	Kate Bailey	London Regional Novice U11	Phoenix Flyers
16	Kaylee Maltz	London Regional Novice U11	Queensmead Trampoline Club

1	Jannah Smith	London Regional Novice U13	London Trampoline Academy
2	Eden Feo-Isaac	London Regional Novice U13	Phoenix Flyers
3	Mario Gabriel Bandac	London Regional Novice U13	Skywalkers
4	Elena Caamano	London Regional Novice U13	Harrow Trampoline Club
5	Abbie Wilkinson	London Regional Novice U13	Skywalkers
6	Alexandra Maier	London Regional Novice U13	Queensmead Trampoline Club
7	Zoe Silver	London Regional Novice U13	Harrow Trampoline Club
8	Sarina Shah	London Regional Novice U13	Harrow Trampoline Club
9	Maya Bensalem	London Regional Novice U13	Queensmead Trampoline Club
10	Abyssinia Inyundo	London Regional Novice U13	Phoenix Flyers
11	Millie Figueira	London Regional Novice U13	London Trampoline Academy
12	Lana Mulholland	London Regional Novice U13	Skywalkers
13	Lucy Corless	London Regional Novice U13	Inspire Trampoline Academy
14	Ella Jenvey	London Regional Novice U13	Skywalkers
15	Nejat Hussain	London Regional Novice U13	Skywalkers
16	Remy Lekieffre	London Regional Novice U13	Harrow Trampoline Club
17	Molly Rochford	London Regional Novice U13	Harrow Trampoline Club
18	Lily Boardman	London Regional Novice U13	Queensmead Trampoline Club
19	Jamie Cahill	London Regional Novice U13	Harrow Trampoline Club
20	Leyla Pavett	London Regional Novice U13	Phoenix Flyers

1	Agata Grochowska	London Regional Novice U15	London Trampoline Academy
2	Isabelle Cole	London Regional Novice U15	Inspire Trampoline Academy
3	Reazan Ali	London Regional Novice U15	Phoenix Flyers
4	Kerala Alexander	London Regional Novice U15	Phoenix Flyers
5	Elfie Dunn	London Regional Novice U15	Inspire Trampoline Academy
6	Ruby Chu	London Regional Novice U15	Phoenix Flyers
7	Nicole Stoby	London Regional Novice U15	Phoenix Flyers
8	Nicole Kendall	London Regional Novice U15	Queensmead Trampoline Club
9	Emily Brown	London Regional Novice U15	Phoenix Flyers
10	Charlotte Norbury	London Regional Novice U15	Queensmead Trampoline Club
11	Samuel Sardal	London Regional Novice U15	Phoenix Flyers
12	Delilah Lloyd	London Regional Novice U15	Inspire Trampoline Academy
13	Michael Sanka	London Regional Novice U15	Phoenix Flyers
14	Erin Stride	London Regional Novice U15	Queensmead Trampoline Club

1	Natasha Patrick	London Regional Novice O15	Phoenix Flyers
	Coleena Henry-		
2	Mitchell	London Regional Novice O15	Inspire Trampoline Academy
3	Roman Mansouri	London Regional Novice O15	Skywalkers
4	Caroline Jones	London Regional Novice O15	Inspire Trampoline Academy

1	Sapphire Durr	London Regional Elementary Girls U15	Phoenix Flyers
2	Maya Roberts	London Regional Elementary Girls U15	Queensmead Trampoline Club
3	Sahar Steele	London Regional Elementary Girls U15	Phoenix Flyers
4	Elinor Greenshields	London Regional Elementary Girls U15	Queensmead Trampoline Club
5	Iona Phillips	London Regional Elementary Girls U15	Queensmead Trampoline Club
6	Milan Mcneil	London Regional Elementary Girls U15	Phoenix Flyers
7	Lauren Mccarthy	London Regional Elementary Girls U15	Queensmead Trampoline Club
8	Anushka Chopra	London Regional Elementary Girls U15	London Trampoline Academy

9	Ella Gillis	London Regional Elementary Girls U15	Queensmead Trampoline Club
10	Tia Newman	London Regional Elementary Girls U15	Queensmead Trampoline Club
11	Alice Murray	London Regional Elementary Girls U15	Coney Hall Cosmonauts
12	Summer Mae O'Neil	London Regional Elementary Girls U15	Coney Hall Cosmonauts
13	Katie Fuller	London Regional Elementary Girls U15	London Trampoline Academy
14	Nia Carson	London Regional Elementary Girls U15	London Trampoline Academy
15	Alexis Moriarty-Wright	London Regional Elementary Girls U15	Queensmead Trampoline Club
16	Isobel Caulfield	London Regional Elementary Girls U15	Queensmead Trampoline Club
17	Charlotte Fuller	London Regional Elementary Girls U15	Coney Hall Cosmonauts
18	Isobel Williamson	London Regional Elementary Girls U15	Phoenix Flyers
19	Daisy Eccleston	London Regional Elementary Girls U15	Queensmead Trampoline Club
20	Alys Greenshields	London Regional Elementary Girls U15	Queensmead Trampoline Club
21	Erin Keable	London Regional Elementary Girls U15	Coney Hall Cosmonauts
22	Florence Williams	London Regional Elementary Girls U15	London Trampoline Academy
23	Kara Harot	London Regional Elementary Girls U15	Queensmead Trampoline Club
24	Sophie Borley-Holden	London Regional Elementary Girls U15	Inspire Trampoline Academy
25	Sophie Alston	London Regional Elementary Girls U15	Twizzlers
26	Roanna Reid	London Regional Elementary Girls U15	Skywalkers
27	Devina Bhatt	London Regional Elementary Girls U15	Harrow Trampoline Club
28	Pearl Farmer	London Regional Elementary Girls U15	Phoenix Flyers
29	Fleur Durr	London Regional Elementary Girls U15	Phoenix Flyers
30	Jessica Osborn	London Regional Elementary Girls U15	Queensmead Trampoline Club
1	Freddie Northfield	London Regional Elementary Boys U15	Coney Hall Cosmonauts
2	William O'Dwyer	London Regional Elementary Boys U15	Coney Hall Cosmonauts
3	Joshua Leach	London Regional Elementary Boys U15	Coney Hall Cosmonauts
4	Pip Stock	London Regional Elementary Boys U15	Queensmead Trampoline Club
5	Lucas Roberts	London Regional Elementary Boys U15	Queensmead Trampoline Club
6	Samuel Ditchburn	London Regional Elementary Boys U15	Queensmead Trampoline Club
7	Dominic Poulton	London Regional Elementary Boys U15	Coney Hall Cosmonauts
1	Gemma Caplan	London Regional Elementary Ladies O15	Harrow Trampoline Club
2	Ilze Ojere	London Regional Elementary Ladies O15	Harrow Trampoline Club
3	Lucy Hoffer	London Regional Elementary Ladies O15	Coney Hall Cosmonauts
4	Samantha Lee	London Regional Elementary Ladies O15	Coney Hall Cosmonauts
5	Tillie Hewlett	London Regional Elementary Ladies O15	Harrow Trampoline Club
6	Natasha Folan	London Regional Elementary Ladies O15	Coney Hall Cosmonauts
7	Karen Gent	London Regional Elementary Ladies O15	Coney Hall Cosmonauts
8	Sophia D'Souza	London Regional Elementary Ladies O15	Coney Hall Cosmonauts
9	Serena Currie	London Regional Elementary Ladies O15	London Trampoline Academy
10	Amy Mewis	London Regional Elementary Ladies O15	Coney Hall Cosmonauts
11	Tabitha Gent	London Regional Elementary Ladies O15	Coney Hall Cosmonauts
12	Natalia Sousa Gallego	London Regional Elementary Ladies O15	Skywalkers
13	Jodi Grier	London Regional Elementary Ladies O15	Inspire Trampoline Academy
1	Harrison Ditchburn	London Regional Elementary Men O15	Queensmead Trampoline Club
2	Brian Edwards	London Regional Elementary Men O15	Coney Hall Cosmonauts
3	Martynas Jankus	London Regional Elementary Men O15	Skywalkers
1	Chloe Davey	London Regional Intermediate Girls U15	Twizzlers

2	Emelie Torlot	London Regional Intermediate Girls U15	Coney Hall Cosmonauts
3	Lilianna Czaplewska	London Regional Intermediate Girls U15	Queensmead Trampoline Club
4	Safia Smith	London Regional Intermediate Girls U15	London Trampoline Academy
5	Grace Scott	London Regional Intermediate Girls U15	Coney Hall Cosmonauts
6	Isabelle Munns	London Regional Intermediate Girls U15	Queensmead Trampoline Club
7	Katrina Spencer	London Regional Intermediate Girls U15	Coney Hall Cosmonauts
8	Leyla Goodwin	London Regional Intermediate Girls U15	Queensmead Trampoline Club
9	Anna Dyball	London Regional Intermediate Girls U15	London Trampoline Academy
10	Samantha Hall	London Regional Intermediate Girls U15	Harrow Trampoline Club
1	Joshua Hon	London Regional Intermediate Boys U15	London Trampoline Academy
2	Chay Barker	London Regional Intermediate Boys U15	Queensmead Trampoline Club
3	Sam Aqbarawi	London Regional Intermediate Boys U15	Harrow Trampoline Club
1	Tara Lee	London Regional Intermediate Ladies O15	Coney Hall Cosmonauts
2	Rachel Wilkinson	London Regional Intermediate Ladies O15	Skywalkers
3	Ellie Harris	London Regional Intermediate Ladies O15	Coney Hall Cosmonauts
4	Eden Ashby	London Regional Intermediate Ladies O15	Skywalkers
5	Imogene Munns	London Regional Intermediate Ladies O15	Queensmead Trampoline Club
6	Brooke Webster	London Regional Intermediate Ladies O15	London Trampoline Academy
7	Heather Lucy Fordham	London Regional Intermediate Ladies O15	Sobell Trampoline Club
8	Kirstie Horsley	London Regional Intermediate Ladies O15	Harrow Trampoline Club
9	Ella Hawkins	London Regional Intermediate Ladies O15	Coney Hall Cosmonauts
10	Rachel Duckworth	London Regional Intermediate Ladies O15	London Trampoline Academy
11	Caitlin Doyle	London Regional Intermediate Ladies O15	London Trampoline Academy
12	Emily Arnold	London Regional Intermediate Ladies O15	Coney Hall Cosmonauts
13	Ula Was	London Regional Intermediate Ladies O15	London Trampoline Academy
14	Cerys Williams	London Regional Intermediate Ladies O15	Coney Hall Cosmonauts
15	Charlotte Folan	London Regional Intermediate Ladies O15	Coney Hall Cosmonauts
16	Serena Sugrue	London Regional Intermediate Ladies O15	London Trampoline Academy
17	Jamila Fadhlaoui	London Regional Intermediate Ladies O15	Coney Hall Cosmonauts
18	Kate Dyball	London Regional Intermediate Ladies O15	London Trampoline Academy
19	Katie Williams	London Regional Intermediate Ladies O15	Harlington Hawks Trampoline Club
20	Anoushka Keeley	London Regional Intermediate Ladies O15	Queensmead Trampoline Club
1	Ricky Josef	London Regional Intermediate Men O15	Sobell Trampoline Club
2	Lascelle Sandy	London Regional Intermediate Men O15	Inspire Trampoline Academy
3	Jordon Lachhab	London Regional Intermediate Men O15	Sobell Trampoline Club
4	Paul Howard	London Regional Intermediate Men O15	Inspire Trampoline Academy
5	Elis Carson	London Regional Intermediate Men O15	London Trampoline Academy
6	Sam Grover	London Regional Intermediate Men O15	Coney Hall Cosmonauts
7	Karim Lachhab	London Regional Intermediate Men O15	Sobell Trampoline Club
1	Roisin Mulvany	London Regional Advanced Ladies	London Trampoline Academy
2	Sarah Collins	London Regional Advanced Ladies	Harrow Trampoline Club
3	Rebecca Hylton	London Regional Advanced Ladies	London Trampoline Academy
4	Claire Bristow	London Regional Advanced Ladies	London Trampoline Academy
5	Thiviya Sivakanthan	London Regional Advanced Ladies	Harrow Trampoline Club
6	Sandhya Sivakanthan	London Regional Advanced Ladies	Harrow Trampoline Club
7	Joanna Furmston	London Regional Advanced Ladies	London Trampoline Academy

8	Renee Castello	London Regional Advanced Ladies	Skywalkers
9	Isabelle Atack	London Regional Advanced Ladies	Coney Hall Cosmonauts
1	Oliver Presman	London Regional Advanced Men	Coney Hall Cosmonauts
2	Cameron Gawley	London Regional Advanced Men	Harrow Trampoline Club



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GYMNASTICS